

Thursday 29th February 8:30am - 9:15am or 12:15pm - 1:00pm

6th February 2024



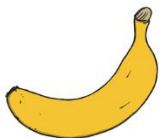
Dear Parents,



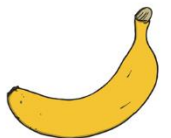
We are delighted to announce that Claire Potter, author of 'Which food will you choose?' is coming in to Ashworth Nursery to deliver a workshop for parents about how to encourage children to eat different foods.



She will be able to provide lots of ideas and information to help you as parents know how to support your child to be more confident to try new foods and enjoy eating different foods.



Following the workshop for parents, she will then share her book 'Which food will you choose?' with the children and there will be lots of fun food based activities for them to join in with. There will be no pressure for the children to taste any of the food, they can simply join in the activities.



We would like as many parents as possible to attend the workshop and would like to ask you to let us know which session would be best for you to attend. Unfortunately, children can only attend Nursery for the session which they would normally attend.



To give this project chance to work, we need this mission to be top secret. If the children feel under pressure to try food and taste food, they are less likely to engage in the activities so please don't discuss this with your child in advance.



Please speak to me if you have any questions,

Mrs Jackson



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